



The best activities guide around !

OCTOBER 2010



“See the Bugle for the advertisement”.



The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

This month, our Bugle cover features 10 month old Penny Banda, daughter of SGT Melissa Banda. Penny loves books and is being read to by Tamaki Mano, the Zama CDC program Assistant

Jeannie Williams, Chief of Camp Zama's DFMWR Child, Youth and School Services has a message for the community: "On October 1, the Army implemented the School Year (SY10 - 11) Army Child and Youth Fee Policy as required by the SY10 - 11 Department of Defense (DoD) Child Care Fee Policy released on 30 July 2010. The Army Fee Policy covers all Child Development, School Age and Sports programs.

By law, child care fees are based on Total Family Income (TFI) not rank or civilian grade. Three new TFI Categories were added to raise the income cap from \$70,001 (CAT 6) to \$125,001 (CAT 9). The ranges of income were adjusted in all of the TFI categories to accommodate the additional categories. Every TFI Category has a corresponding fee for each individual CYS Services program".

Photo by Mr. Richard Haun.



"See the Bugle for the advertisement".

N

ote:

The Zama Youth Center will be closed on the following day:
11 October due to the Columbus Day holiday.

FIRE PREVENTION WEEK
3 - 9 OCTOBER

For more information about Fire Prevention Week and Fire Safety:
firepreventionweek.org



ZAMA HIGH SCHOOL FOOTBALL GAME

GO TROJANS!

The Camp Zama Youth Center will be providing teen buses to the football games! Return after the varsity game at approximately 2300.

Zama Trojans vs.	Date	Place	Depart	Return
Yokota Panthers	1 October	Zama		Return to SHA & Atsugi
ASU Mustangs	16 October	ASU	1600	Return to Zama
Yokosuka Red Devils	22 October	Yokosuka	1600	Return to Zama
ASU Mustangs	29 October	Zama		Return to SHA & Atsugi

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

HOURS OF OPERATION

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

* Hours may change due to scheduled programs.

YOUTH CENTER

• Smart Girls

Smart Girls is a health, fitness, prevention / education and self-esteem enhancement program for our female club members ages 11 - 17. This program is designed to encourage healthy attitudes and lifestyles that will enable adolescent / teen girls to develop their full potential. To find out more about this program contact Ms. Cindy Rodriguez at cindy.rodriguez3@us.army.mil.

• Passport to Manhood

Passport to Manhood is a program that concentrates on specific aspects

of manhood through highly interactive activities for all club members ages 11 - 14. This program is designed to teach and promote responsibility, reinforce positive behavior, and develop character in adolescent males. To find out more about this program contact Mr. Eric Nakai at eric.nakai@us.army.mil.

• "6th Grade Happening"

October 15, 7 - 10 pm. Calling all Arnn and Shirley Lanham 6th graders! Get dressed in your best and come out and party with your peers at the first "6th Grade Happening" of the 2010 - 2011 school year! Cost is \$2. Transportation is provided. Buses depart SHA Narita bus stop at 6:30 pm and Atsugi Theater at 6:15 pm to the youth center. Return bus departs the youth center at 10 pm.

• Zama Youth Book of Records

October 21, 3 pm. Want to see your name in the Zama Youth Book of Records? Well, come join us at the Zama Youth Center to see if you have what it takes to set a new record in free throws, 3 point shoot outs, hula hoop spins, pogo stick jumps, fastest rubric's cube or the Wii home runs. This monthly event

22 - 29 October

Red Ribbon Week Celebration

- **Red Ribbon Decoration** (22 October, 1500 - 1600): Join the youth center staff as we go out and tie red ribbons around the youth center to kick off "Red Ribbon Week".
- **Wear Red Rally Day** (25 - 29 October, 1500): Get caught wearing red at the youth center during "Red Ribbon Week" and receive a prize. A different prize will be given out every day during "Red Ribbon-Week".
- **"Eggstremely Impaired Toss"** (25 October, 1500): Who can toss an egg to their partner wearing the fuzzy goggles without getting messy! Find out at the Camp Zama Youth Center.
- **"Battle Buddy"** (Tuesday, 26 October, 1500): Leave no man or woman behind! Come out and join us in a game of Mine Field.
- **"Drug Free Free Throw and Dunk Contest"** (Wednesday, 27 October, 1500): Drug free is the way to be. Join us at the youth center for a free throw and dunk contest! All participants will receive a prize.
- **"Other Options At Zama Fair"** (Thursday, 28 October, 1700 - 1900): Join us at the Camp Zama Youth Center to check out the many programs that our community has to offer at our "Other Options At Zama Fair".

• • • For more information, 263-4500 • • •

is open to all registered members in grades 6 - 12.

• **First Aid Training, 22 October**
Attention registered members! The youth center is offering a "First Aid Training Class" from 3 - 6 pm. Make a difference and get certified by our Red Cross volunteer, absolutely free! Please sign up at the youth center if you would like to attend this training by 15 October. Maximum participants for this training is 10 youths.

• **CPR Training, 29 October**
Attention registered members! The youth center is offering a "CPR Training Class" from 9 am - 2 pm. Make a difference and get certified by our Red Cross volunteer, absolutely free! Please sign up at the youth center if you would like to attend this training by 22 October. Maximum participants for this training is 10 youths.

BE A PART OF SOMETHING SPECIAL! JOIN A CLUB!

• **Keystone Club:**

A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoners plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this program and how to get involved, contact Ms. Yelitza Marin-Guzman: yelitza.maringuzman@us.army.mil

• **Torch Club:**

A great leadership program for teens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, e-mail quinton.smith4@us.army.mil

ZTN Tuesdays



Be part of your local youth news cast on Zama. We are a club that reports local news, upcoming events, and all things important to being a teen! Learn to operate an industry standard video camera, edit professional videos and news clips, direct, and write scripts. We meet every Tuesday at 3 pm in the computer lab and film every other Tuesday. Adult volunteers to help with script writing, editing, and filming are needed!

Please call 263-4500 or 263-8573 for more information.

• **DJ Club:**

Do you want to be your own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center has a program for YOU. The Zama Youth Center staff will teach you all the basic criteria to become a professional DJ. This program is for registered members 7th - 12th grades. To find out more about this program, contact Mr. Robert Chance at 263-5441.

• **Tech Club & ZTN Crew:**

Be a part of a youth run news show! Club members in grades 6 - 12 will learn how to film, edit and produce their own news show which will be shown on the Zama Youth Center's website and on the MWR Channel. We're looking for youth anchors, reporters, camera persons, editors, and producers. Youths may join at anytime. Also, check out Camp Zama's Teen Tech Team! Members are involved in photo taking, manipulation, movie making, web designing, and community projects concerning technology and much, much more. To find out more about this program, contact Mr. Chrismond Raga at chrismond.Raga@us.army.mil.

TECH LAB (263-4500/8573)

• **SAT Prep**

On Friday October 1st and 8th, Join us at the Youth Center Tech Lab to help prepare for the upcoming SAT

Test on 9 October. We will have Test Prep sites as well as books available to help prepare you.

• **Digital Arts Festival (Music Making)**

Every year, Camp Zama Youth Center hosts a "Digital Arts Festival" on behalf of the "Boys and Girls Club of America", with categories of Music Making, Photo Illustration, and Graphic Design. Join us every Thursday in the month of October as we focus on music making and get you ready for the festival. Winners may get a chance at winning a free trip back to the US to compete on the National Level (location is yet to be disclosed).

• **Lego Robotics**

Have a fascination for robots? Think you have an idea of how to revolutionize the world? Join us on 20 October to build robots, program them, and finally end the program with a chance for your robot to compete against others on a specific task.

• **Game Night Fridays**

It's tough being a Teen sometimes. After a long week of school, here comes Friday night, and you've got nothing to do? Join us on 22 and 29 October, the last two Fridays of the month, as we have game night in the Tech Lab. We will host small tournaments for individual type games as well as team games.

A

re you

looking for a place where your children can join other children in a fun learning environment? Come join School Age Services Before and After school program.

REMEMBER: our SAS motto, "If its fun, we'll do it"

School Age Services • 267-6013

••• SAS Program Hours •••

Half Day School	0530 - 0830 and 1200 - 1800
No School Day	0530 - 1800
Before / After Program Hours	0530 - 0830 and 1430 - 1800
Early Release	0530 - 0830 and 1130 - 1800
Zama Drop Off and Pick up Point	0700 - 0815 and 1515 - 1800

WELCOME TO SCHOOL AGE SERVICES NEW SCHOOL YEAR 2010 - 2011

School Age Services (SAS) supplements the school schedule with a wide variety of after school activities for youths 1st - 6th grade. SAS offers care for "Before and After" School, Hourly Care, Open Recreation Pro-

gram, School Day Out and a Summer Camp Program. The Before and After School program has options for before school only or after school only. Each of these options entitles program participants to full day care services during out of school periods, excluding federal holidays, during the school year. Additionally, separate SAS Camps are operated during winter and spring breaks for those patrons who normally do not require daily before and after school care.

••• SAS OCTOBER EVENTS •••

• 1 Friday, BIKE RODEO

ATTENTION PARENTS

••• 2010 - 2011 School Year Information •••

Before Care:

School Age Services (SAS) staff will depart SAS on SHA at 08:05 with before care children and walk them to school.

After Care:

At 14:15 SAS staff will be waiting at the SHA meeting point Arnn Elementary playground to sign children into the after school program.

Changes for 6th graders attending SAS:

This coming school year for sixth graders attending School Age Services the cost will be **FREE**.

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents, this is a great opportunity for you to provide input, answer questions and share your concerns. We meet in Bldg 337, 4:45 pm. The next Parent Advisory Council meeting is scheduled for 21 October. There are many newcomers in our community and we would like to extend a special invitation for you to attend.

SAS PROGRAMS OFFERED

School Age Services (SAS) offers care for Before and After School with options for before school only or after school only.

- Full day care on school out days
- Winter/Spring/Summer Camps
- Fantastic Adventure for a day
- Half a day escapade
- Creative play



SKIES Unlimited

Schools of Knowledge, Languages, Exploration & Study



"Super-Saturdays": Free Open Recreation activities every second and fourth Saturday for the community from 1 - 6 pm. All events guarantee fun for your children.

"Fantastic Adventure Day": School Age Services will provide a day of adventure for your children on school out days from 8 am - 5 pm. Cost is \$25 per day.

"Half a Day Escapade": School Age Services will provide care for your children on early release days from noon - 6 pm. Cost \$15 per day.

"Creative Play" (occasional/hourly care): SAS will provide 12 hours of hourly care per month. Reservations must be made in advance. Cost is \$3 per hour.

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.

"International Outreach" This program is designed for SOFA status children attending Japanese schools. School Age Services will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.

To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.

VOLLEYBALL

Volleyball registration ends 15 October. Games are 6 November - 11 December. Age groups are 9 - 11 and 12 - 15.

CHEERLEADING

Cheerleading registration ends 15 October. Games are 6 November - 11 December. Age groups are 4 - 18.

OFFICIALS FOR YOUTH SPORTS

Youth Sports and Fitness is always in need of qualified officials. If you are interested in officiating games for youth sports, please contact us at 263-5437.

REGISTRATION

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533, Camp Zama (behind the PX). They'll provide you with the appropriate registration paperwork and collect any fees necessary. Please ensure your child's sports physical is current before you register.

SPORTS PHYSICAL

AR 608-10 requires all youth participating in youth sports programs to complete annual sports physicals and provide a copy as part of their



Fall Swim Team Practices

Fall Swim Team Practices are every Monday - Wednesday at Yano Pool. Starting this season, high school students can sign up and earn a high school letter if they meet certain conditions outlined by DoDDS.

1730 - 1900

registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, CER staff is making contact with Families 30 days prior to expiration of youth sports physicals

to allow parents time to schedule a current youth sports physical. Please note that appointments at BG Crawford R. Sams Clinic may be limited as the result of so many renewing their youth sports physical.



FLAG FOOTBALL

- Flag Football Registration ends 15 October.
- Games are 6 November to 11 December.

Age groups are 7 - 8, 9 - 10, 11 - 12 and 13 - 15. If there is enough interest for the 5 - 6 age division we may make teams.



Smash Drugs Volleyball

"Smash Drugs Volleyball" will be held at the youth center on 6 November (time to be determined). There will be door prizes, food, games and more. This event is open to both boys and girls ages 9 - 18.

“See the Bugle for the advertisement”.

ZAMA CHILD DEVELOPMENT CENTER, 263-4992

• **Closed**

- * Friday, 8 October (training holiday)
- * Monday, 11 October (Columbus Day)

• **Pottery Day**

Wednesday, 6 October

• **Fall Clean up Day**

Thursday, 14 October

• **Ice Cream Social**

Friday, 15 October

• **Character Counts Week**

Monday - Friday, 18 - 22 October

• **Blue Day**

Monday, 18 October

• **Purple Day**

Tuesday, 19 October

• **Orange Day**

Wednesday, 20 October

• **Yellow Day**

Thursday, 21 October

• **Red Day**

Friday, 22 October

• **Dress Up (Character Day)**

Friday, 29 October

• **Closed (Columbus Day)**

* Monday, 11 October

• **Character Counts Parade**

Friday, 1 October, 2:30 pm

• **Fire Prevention Day (Celebrate a Fire Fighter)**

Tuesday, 5 October, 2:30 - 3:30 pm

• **Community Helper visit**

Tuesday, 5, 12, 19 and 26 October

• **National Child Health Day**

Wednesday, 6 October

• **Wear Blue Day**

Friday, 8 October

• **Soldier Read to Me Day**

Friday, 8, 15, 22 and 29 October

• **Brown Bag Discussion**

Tuesday, 12 October, 11:30 am -

12:30 pm (open to all parents)

• **Wear Yellow Day**

Friday, 15 October

• **Boss Day**

Friday, 15 October

• **Infant Massage (Free)**

Thursday, 21 October, 3:30 - 4:15 pm

• **PAC Meeting at Cafe Roberto's**

Thursday, 21 October, 11:30 am - 12:30 pm

• **Japanese Cooking Class for Parents (Free)**

Friday, 22 October, 9 - 10 am

• **Wear Green Day**

Friday, 22 October

• **Wear Orange Day**

Friday, 29 October

SHA CHILD DEVELOPMENT CENTER, 267-6348

SHA CDC October Themes:

- * 4 - 8: Trustworthiness week
- * 11 - 15: Respect Week
- * 18 - 22: Responsibility Week
- * 25 - 29: Fairness Week

ZAMA Child Development Center

storytime

Tuesday, 12 and 26 October, 10 - 11 am

For more information, 263-6348/6564

Come out and enjoy a free Saturday afternoon concert with the

Narita Junior String Orchestra

Saturday, 6 November, at the Community Activity Center

Doors open: 1 pm
Concert starts: 1:30 pm

Members from the Zama American High School Band will perform with the orchestra.
Cosponsored by Child, Youth & School Services

T

rade-Ins

You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at <http://value-guide.pga.com/>

See center page for information about the golf course dining options.

■ Camp Zama Golf Club • 263-3694

<http://www.usarj.army.mil/information/mwr/business/golf/>

October at a Glance!

Payday Scramble	- - - - -	1 and 29 October
Charity Golf Tournament (AUSA sponsored)	- - - - -	11 October
Zama Open	- - - - -	16 - 17 October
Nichibei Friendship Tournament	-	20 October



TOMODACHI DAYS ARE AS FOLLOWS:

5 October - Tuesday
8 October - Friday
15 October - Friday
22 October - Friday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 20 October, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers

TEE TIME INFORMATION

• Weekday tee times

Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.

• Weekend / US holiday

Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

NOTE: All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

JR. GOLF INSTRUCTION

with Mike Sul, PGA

Every Monday from 1600-1700

Cost: \$10

Sign-up at the Pro Shop NLT the Sunday prior
Need at least two (2) students to conduct the class

FOR MORE INFORMATION CONTACT MICHAEL SUL AT
263-4975 OR EMAIL MICHAEL.SUL@US.ARMY.MIL

PAYDAY SCRAMBLES

FREE! MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to USARJ Community and their family members. Fun, food and prizes!

Friday, 1 October (11:30 am shotgun start)
Friday, 29 October (11 am shotgun start)

COMMERCIAL SPONSORSHIP and the ZAMA GOLF COURSE STAFF thank our sponsor, RED BULL, for supporting our community and this event.

UPCOMING EVENTS

Veteran's Day Tournament:
11 November

Turkey Shoot:
20 November

LUNCH

Monday (Tour of Asia)

- 4 Tonkatsu
- 11 No Special (Holiday)
- 18 Vietnamese Spring Rolls
w/Peanut Sauce
- 25 Teriyaki Chicken

Tuesday (Tour of America)

- 5 BBQ Burger
- 12 BBQ Ribs
- 19 BBQ Chicken Sandwich
- 26 BBQ Chicken Wrap

Wednesday (Tour of Italy)

- 6 Chicken Mediterranean Pasta
- 13 Garlic Shrimp Pasta
- 20 Veggie Pasta w/Garlic Bread
- 27 Venetian Chicken Pasta

Thursday (Tour of Mexico)

- 7 Taco Salad
- 14 Beef Fajitas
- 21 Chicken Tostada
- 28 Chicken Enchiladas

Friday (Tour of the Ocean)

- 1 Shrimp Rio Grande
Quesadilla

LUNCH

- 8 Fried Cod Fish and Shrimp
- 15 Shrimp Fettuccini
- 22 Margarita Salmon
- 29 Fish Baja Tacos

Saturday

No Lunch Special

LUNCH

Sunday (Tour of Overseas)

- 3 Chicken Apritada
- 10 Chipotle Meat Loaf
- 17 Lasagna with Garlic Bread
- 24 Rotisserie Chicken
- 31 Beef and Broccoli

CAMP ZAMA GOLF CLUB 263-3694

LEARN TO GOLF ADULT CLASSES

Includes: - Five 90 Minute Group Lessons
Four On The Range And
One On The Golf Course, - Plus Four 9 Hole
Rounds Of Golf,
- Golf cart not included

**SIGN UP NOW
IN THE GOLF SHOP**

INSTRUCTION WILL COVER PUTTING, CHIPPING, FULL SWING, RULES AND ETIQUETTE.
COURSE IS DESIGNED FOR BEGINNING GOLFERS. GOLF CLUBS AND BALLS ARE PROVIDED
DURING THE CLASS. CLASSES ARE OPEN TO SOFA STATUS AND LOCAL NATION EMPLOYEES
OR JGSDF PATRONS ONLY.

INSTRUCTOR: MIKE SUL, ASSISTANT GOLF PROFESSIONAL 263-4975,
EMAIL AT MICHAEL.SUL@US.ARMY.MIL

WHEN: TUESDAYS, 19 OCTOBER, 1600 - 1730
CLASS SIZE: MAXIMUM 8 - MINIMUM 6 STUDENTS
ENROLL: SIGN UP AT THE GOLF COURSE PRO SHOP



OCTOBER 16TH-17TH (SAT-SUN) TEE TIMES STARTING AT 0630 HOURS

ZAMA Open

8TH ANNUAL

Who: Any amateur golfer with a current USGA or JGA Handicap. Golfers without a handicap will play at scratch. Handicaps will only be used to create the flights. USGA rules will be used.

What: Individual 36 Hole Stroke Play-Flighted Event
Flights determined after entries received. There will be gift certificates awarded for Low Gross Winners in each flight, plus a trophy for the overall Low Gross Man and Woman.

Fees: \$50 - Zama, Atsugi and Tama Hills Club Members
\$78 - SOFA Status non-members
¥14,000 - JGSDF (Stationed at Zama)
¥18,000 - MLC/IIHA/HPT (Working for USARJ)
¥26,000 - All others
Includes carts, door prizes and buffet luncheon on Sunday

Deadline for sign-up (and refund) is Tuesday, October 12th at 1700 hours.

Contact Dale Jorgenson, Director of Golf at 263-3694 Email at dale.jorgenson@zama.army.mil

Z A M A G O L F C O U R S E




A reminder that the "Gridiron Challenge" is held every Thursday from 5 - 7 pm in the Firelite Lounge. Pick your teams for the forthcoming weekend NFL games, and if you have the most winning picks you can win two quality prizes. For more information, phone 263-4547 (see page 13).



■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

• Hip Hop Music w/DJ

On Friday Night, 1, 15, 22 and 29 October, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.

• Latino Night

Friday, 8 October and Saturday, 23 October, 10 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.

• Country Music with DJ

On Saturday night, 2 and 9 October, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.

• Old School Night

Saturday, 16 October, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.

• Variety Music Night

Rocky Horror Show and Halloween Party. Saturday, 30 October, 7 pm - 2:30 am.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$14.95
Youths 8 - 12: \$7.95
Youths 4 - 7: \$4.95
3 and under: Free

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

5 Fried Menchi Cutlet
12 Chicken Fried Steak
w/Country Gravy
19 Caribbean Jerk Chicken
26 Chicken Diablo

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

6 Italian Sausage and Peppers
13 Hamburger Steak
w/Demiglaze
20 Pork Chop Suey
27 Pork Picata w/Tomato Sauce

Thursday: (Rotisserie Chicken and vegetable of the day)

7 • Hayashi Beef and Rice

Catering Services

The Catering Office is open Tuesday, Thursday and Friday, 9:30 am - 5:30 pm, plus it is open on Wednesdays by appointment only. For additional information and assistance, please phone 263-4204.

Boss Day

LUNCH BUFFET

FRIDAY 15 OCTOBER 11 AM - 1 PM

CZCC BALLROOM

MENU

- Minestrone Soup
- Tossed Green Salad w/ Choice of Dressing
- Sliced Roast Beef w/ Brown Gravy
- Rice Pilaf
- Scallop Potatoes
- Buttered Spinach
- Rolls & Butter
- Custard Pudding
- Praline Almond

Cost: \$9.95

FOR MORE INFORMATION CALL 263-4547

CZCC

BINGO

Night

Every Thursday Night!

Cards on sale starting: 6 pm
Early Bird Game starts: 6:45 pm
Regular Game starts: 7 pm.

Up and Down Jackpot \$3,000 starting at 46 numbers and every 3 weeks will go up 1 number and go down \$100, and Progress SR Jackpot \$5,000 starting at 46 numbers and every 3 weeks will go up 1 number.

FOR MORE INFORMATION, PLEASE CALL 263 - 4547

LUNCH

- Garlic Tomato Cream Pasta
- 14 • Chinese Fried Chicken
Vinegar Soy Sauce
- Spaghetti w/Meat Sauce
- 21 • Pork Cutlet Milanese
- Spaghetti Napolitan
- 28 • Ton Pou Rou
- Penne Arabiata
- Friday "Lunch Buffet"** (soup and vegetable of the day, \$7.95)
 - 1 • Pork Green Peppers and Potatoes
 - Yakisoba
 - Fried Rice / White Rice
 - 8 • Chicken Enchiladas
 - Beef Tacos
 - Mexican Rice and Corn
 - Burritos
 - 15 • Regular Menu Only
 - 22 • Beef Meat Loaf
 - Chicken Penne Au Gratin
 - Meat Doria
 - Mashed Potatoes w/Gravy
 - 29 • Shepherd's Pie
 - Sausage and Sauerkraut
 - German Potatoes
 - Mashed Potatoes w/Gravy

DINNER MENU

- Sunday** (limited menu) 5 - 9 pm
"2 for 1 Steak Night"
(no take out)
Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.
- Monday** - Closed
- Tuesday** (5 - 9 pm)
2 meals for \$15 and limited menu.
Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. (no take out).
- Wednesday** (5 - 9 pm)
 - Mongolian BBQ (\$0.75 oz)
 - Limited menu
- Reservations: Please call 263-4547 before 3 pm.
- Thursday** (5 - 9 pm)
 - "All You Can Eat Pizza, Pasta, Soup and Salad Bar"

DINNER MENU

- (no take out)
Adults: \$10.95
Youths 4 - 12: \$5.95
Under 3 years old: Free
- Regular menu
- Friday "Chef's Special"** (5 - 9 pm)
Regular Menu
Buffet
- 8 Bunco Night
 - 15 Community Night
 - 29 Gourmet Dinner
- Saturday** (5 - 9 pm)
 - Regular Menu
 - Prime Rib Dinner
 - Prime Rib and Shrimp Scampi
 - 9 Oktoberfest
 - 16 Texas Hold'em
 - 30 Rocky Horror Show & Halloween Party
- Our regular menu will be offered in addition to the above specials on Saturday night.

Cake Catering Service
TO ORDER CALL 263-4204
(TUESDAY-FRIDAY 9:30 AM-5:30 PM)

FREE • FREE • FREE

It's BUNCO TIME!


Gals ... and guys too!

8 October, 6:30 pm, at CZCC Ballroom (right wing)

CASH PRIZES

\$100	Most Buncos
\$100	Most Mini Buncos
\$100	Most Wins
\$100	Most Losses

Light snacks are available.
Participants must be 18 or older.
For more information, 263-4547



COME OUT TO YOUR NEW CAMARADERIE & TEAM BUILDING

SOCIAL HOUR!

WEDNESDAYS, 4:30-7 PM @ CAFE ROBERTO'S
FRIDAYS, 5-7 PM @ FIRELITE LOUNGE



1st Friday - "Right Arm Night"
2nd Friday - "Bring Your Boss Night"
3rd Friday - No Social Hour On Community Nights
4th Friday - Ichi Dan Night "One Team"

FREE HORS D'OEUVRES

UNBELIEVABLE RETRO-PRICES
\$1-\$1.50 DRINK SPECIALS
WEEKLY COCKTAIL SPECIALS
FREE DOOR PRIZES EVERY FRIDAY

WE SUPPORT THE DESIGNATED DRIVER PROGRAM
Please contact a club employee if you need a ride home

FOR MORE INFORMATION, PLEASE CALL

263-4547



CAMP ZAMA COMMUNITY CLUB SERVING THE BEST CUSTOMERS IN THE WORLD

Are you ready for some Football? The CZCC presents the "3rd Annual Gridiron Challenge Program"

GRIDIRON CHALLENGE

Below are the prizes to be awarded to the person who selects the most NFL winners each week. Weekly entry forms are available at the "Football Frenzy" held every Thursday beginning 9 September in the CZCC Firelite Lounge, 5 - 7 pm. Your entry for the forthcoming weekend games must be turned in by 7 pm. A copy of the "Tie Breaker" information will also be available at the "Frenzy".

Week 4: HP printer, scanner, fax, copier (4 in 1) (from Coca-Cola) and two (2) tickets for Sunday Brunch - the New Sanno

Week 5: Slim Micro Docking Station for Ipod (from CZCC) and two (2) tickets to Tokyo Summerland

Week 6: HCT home entertainment system (from Powerade) and ¥5,000 coupon (from Outback)

Week 7: Sony digital camera (from Exchange New Car Sales) and Patio umbrella and cooler with wheels (from Miller Lite)

Week 8: Dynex 19" flat screen TV (from Budweiser) and ¥5,000 coupon (from TGI Friday's)

Week 9: Two (2) Pro Bowl tickets (from Noram Sports) and ¥5,000 food coupon (from Outback)

Week 10: Lexmark printer, scanner, fax, copier (4 in 1) (from Powerade) and Bud Lite Lime cooler (from Budweiser)

Week 11: HCT home audio system (from CZCC) and two (2) tickets for Sunday Brunch - The New Sanno

Week 12: Kodak digital photo frame (from Coca-Cola) and Bud Light lime cooler (from Budweiser)

Week 13: Sony digital camera (from Exchange New Car Sales) and patio umbrella and folding sports chair (from Miller Lite)

Week 14: Avol 19" LCD TV (from Powerade) and ¥5,000 coupon (from Outback)

Week 15: Blue Ray disc player (from Powerade) and ¥5,000 coupon (from TGI Friday's)

Week 16: Ipod video player / entertainment system (from USA Federal Credit Union) and ¥5,000 coupon (from Outback)

Week 17: Nintendo Wii console game set (from Coca-Cola) and ¥5,000 coupon (from TGI Friday's)

NOTE: Each winner also receives a 4-pack energy sport drink (from Red Bull)

MWR COMMERCIAL SPONSORSHIP AND THE ZAMA COMMUNITY CLUB STAFF THANK OUR SPONSORS FOR SUPPORTING THIS MAJOR EVENT FOR OUR COMMUNITY.



The Budweiser and Miller Lite Companies Support "Responsible Drinking".



“See the Bugle for the advertisement”.

■ Zama Bowling Center • 263-4780

• Friday, 1 October, Zama Trojans Football Pre Game Rally

- * Free Bowling and Shoe Rental, 3 - 6 pm
- * Door Prizes and Bowling skill contest, 3 - 6 pm
- * Discounted Lunch Specials, 11 am - 1 pm

• Thursday, 7 October, End of Renovation Party

- * Free Bowling, 3 - 10 pm
- * Free food, 4 - 6 pm
- * Introduction to Bowlopolis
- * League Sign-up

• King of the Hill

Sunday, 3 October, 11 am - 6 pm

• Octoberfest Special

Sunday, 10 October, 1 - 6 pm.

3 Free games of bowling with any purchase of our special fest menu

- * Bratwurst w/Sauerkraut
- * Schnitzel Sandwich w/German

Potato Salad

• Columbus Day Special

Monday, 11 October, 11 am - 8 pm.

FREE for children 10 and below.

- * \$.75 a game for the kids

(11 - 17 years)

- * \$1.25 a game for adults (18 and older)

• No Tap Tournament

Sunday, 17 October, 1 - 4 pm

• Monday Night Mixed League starts (4 person team)

18 October, 6 - 9 pm, sign-up now

• Zama Trojans Homecoming Pre-Game Rally

Friday, 29 October, 3 - 6:30 pm.

Look for discounted lunch specials and discounted after game specials.



Halloween Party

SATURDAY, 30 OCTOBER, 7 - 10 PM
ZAMA BOWLING CENTER

DOOR PRIZES
COSTUME CONTEST
FREE TREATS!

ZAMA BOWLING CENTER 263-4780



Camp Zama Community Night

PRESENTS

"TEAM TRIVIA"

FRIDAY 15 OCTOBER 5-8 PM CZCC BALLROOM
HOR D'OEUVRES, PRIZES & ENTERTAINMENT

FREE EVENT!
A GREAT TIME FOR EVERYONE!

FOR MORE INFORMATION, PLEASE CALL 263-4547

TEXAS HOLD'EM TOURNAMENT

SATURDAY 16 OCTOBER 2 PM CZCC BALLROOM

*Tickets purchased by 12 October \$40
After 12 October \$50
Includes non-alcoholic drinks and prizes
Prizes will be based on the number of players
Sign up at CZCC Cashier's Window
Adults only*

FOR MORE INFORMATION, PLEASE CALL 263-4547



CZCC TEXAS HOLD'EM EVERY WED AND FRI AT CZCC BALLROOM STARTING 6 OCT UNTIL 1 DEC

FALL POINTS TOURNAMENT

GAME SCHEDULE

6 October, Wednesday Weekly Game
8 October, Friday Weekly Game
13 October, Wednesday Weekly Game
15 October, Friday Weekly Game (Double Points Night)
20 October, Wednesday Weekly Game
22 October, Friday Weekly Game
27 October, Wednesday Weekly Game
29 October, Friday Weekly Game (Halloween Bounty Game Top 5)
3 November, Wednesday Weekly Game
5 November, Friday Weekly Game
10 November, Wednesday Weekly Game
12 November, Friday Weekly Game
17 November, Wednesday Weekly Game (Double Points Night)
19 November, Friday Weekly Game
24 November, Wednesday Weekly Game
26 November, Friday Weekly Game (Turkey Hunt Night Top 5 Bounty Game)
1 December, Wednesday Top 16 Players From Weekly Game (Finals)

ENTRY FEE: \$20

SIGN UP BY 6:30 PM ON THE GAME DAY TO RECEIVE EXTRA CHIPS!

Eligibility: You must be at least 18 years of age to participate (finish high school).

Open to all authorized MWR patrons (military active duty personnel,

Reservists, guards, retirees, DoD civilians with valid government ID cards or immediate family members.

Sign up at the cashier's window or call 263-4547 for more information.



16

THERE IS MORE THAN GOLF



Camp Zama Golf Course
cuisines and international
cook at the age of 18 in
Restaurant in Beverly Hills
brought him international
I combine ingredients b



DINING AT ZAMA GOLF COURSE



Camp Zama Golf Course welcomes the newest member of our management team, Mr. Efrain Barrera. He and his wife Midori are joining us from Panama City, Panama (he is a native of Canal Zone, Panama). Efrain retired in 2002 after 35 years of civil service

for the US Government. Efrain's passion for food started in college when he got tired of eating out and started preparing his own meals. He attended culinary arts training in Phuket, Thailand and Paris, France and has owned gourmet restaurants in Sasebo, Japan and Panama City, Panama. Most recently, he served as culinary arts and hospitality consultant and a restaurant manager in the private sector. He states he returned to government service to share his passion for the culinary arts, serving others with whom he regards as his extended family: the military and civilian personnel who serve our country. His goals at Camp Zama are to make the dining experience at the Zama Clubhouse Restaurant the best. He is driven to provide quality food quickly with reasonable prices. He has many changes planned for the future including a new menu with an international flair later this fall. Please give him a warm Zama welcome next time you are in the Zama Clubhouse Restaurant.

See welcomes our new Head Chef, Mr. Oswaldo Llernas. Executive Chef Oswaldo brings 17 years of experience and a diversity of cultural recognition to our operation. Oswaldo (Ozzie) was born in the small city of Colima, Mexico. He started his career as an apprentice in Hollywood, CA. He went on to learn the traditional cuisines at culinary school in Pasadena, CA. Chief Ozzie later joined the Farm Hills where he catered to the needs of Hollywood stars and famous personalities. Chef Ozzie's creativity and organizational skills have earned him national recognition. Chef Ozzie says: "My focus in Culinary Arts is to envelop my clients with the scents and flavors of other cultures. I want to take both from my work and my own backyard to integrate into my dishes." We look for great things in the future from Chef Ozzie.

See pages 9 - 10 for more golf course information.



Select your "FUN TOUR" for your ideal hassle free vacation.

* Predesigned vacation plans with tours, airfare, hotel, sightseeing and other miscellaneous fees included.

FALL ESCAPEDE TOURS



Laos
November 23-28



Beijing
November 24-28



Saigon (Ho Chi Minh)
November 24-28



Angkor Wat
November 24-28



Bangkok
November 24-28



Taipei
November 24-28



Kuala Lumpur
November 24-28

WINTER ESCAPEDE TOURS



Discover Taiwan
December 19-26



Exotic Hong Kong & Macau
December 19-26



Golden Triangle of India
December 19-29



Classic Vietnam
December 19-29

62nd SAPPORO SNOW FESTIVAL

**SAPPORO
SNOW FESTIVAL
ON SALE OCT 1**
Spaces are limited,
so reserve now.



- Pre Snow Festival
February 4-6, 2011
- Opening Snow Festival
February 5-7, 2011
- Snow Festival
February 6-8, 2011

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION.



• Military PHONE 263-5273/4059
• Military FAX 263-7507
• E-Mail travel@zamaiitt.com

• Commercial PHONE (046) 254-8896
• Commercial FAX (046) 255-0356
• Website: <http://zamaiitt.com>



LUNCHES	LUNCHES	DINNER SPECIALS
MONDAY 4 Chicken Cutlet (Lounge Special) 11 Closed 18 Fried Rice, Karaage and Yakisoba 25 Chicken Saute w/Mustard TUESDAY 5 Pork Ginger and Karaage 12 Steak Don 19 Garlic Chicken Saute 26 Taco Rice and Karaage Wrap WEDNESDAY 6 Hamburger Steak and Fried Shrimp 13 Chicken Tempura Don 20 Lasagna w/Garlic Bread 27 10oz Hamburger Steak w/Cheese THURSDAY (All-U-Can Eat) 7 Italian Buffet	14 Mexican Buffet 21 American Buffet 28 Oriental Buffet FRIDAY 1 Fried Shrimp Curry Rice 8 Steamed Chicken 15 Seafood Platter 22 Chicken Saute w/Curry Sauce 29 Seafood Rice Gratin w/Garlic Bread DINNER SPECIALS TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50) 5 Mexican Dinner 12 BBQ Dinner 19 Pizza and Pasta Dinner 26 Regular Menu	WEDNESDAY NIGHT Family night movies for adults and youths 6, 13, 20 and 27 October, regular dinner menu. Choose your discount. THURSDAY NIGHT (CHEF'S SPECIAL DINNER) 7 Ribeye Steak (6oz) and Salmon Saute (4oz) (\$20) 14 Ribeye Steak (6 oz) and Mahi Mahi Saute (4oz) (\$20) 21 Prime Rib Dinner (\$20) 28 Regular Menu FRIDAY NIGHT Mongolian BBQ on 8 and 22 Octo- ber, enjoy the best Mongolian BBQ in town!!! Also, on 1, 15 and 29 October we offer the regular dinner menu.

“See the Bugle for the advertisement”.

AER Emergency

Leaves: Primary funding for travel to a gateway city by service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway and to and from the leave site.

■ Army Community Service • 263-8327

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please contact Mr. Gary R. Woods at 263-8089 to schedule your unit pre/post-deployment readiness training, reunion briefing, Family readiness group training, and unit Rear Detachment Commanders (RDC) training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

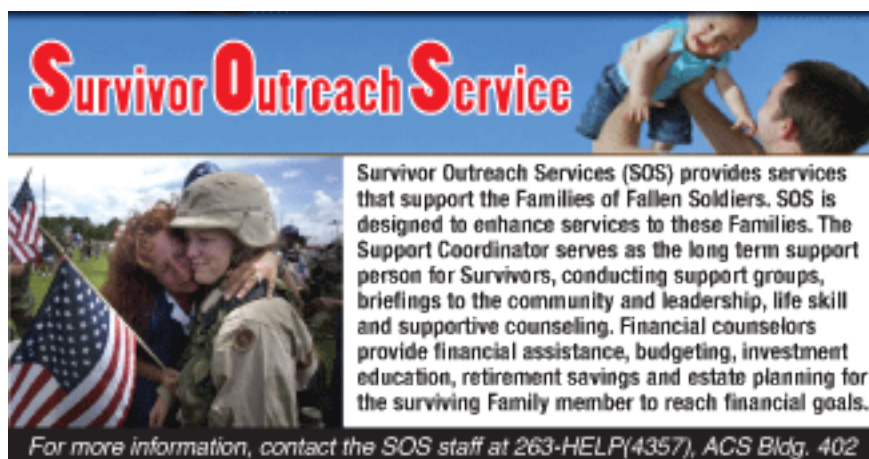
• Pre / Post Deployment Support and Operation R.E.A.D.Y. Training

This training is designed to help all

mobilizing, deploying, redeploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment. Briefings and trainings are held every Thursday of each month from 3 - 4 pm in the ACS Bldg 402 in the Outreach Room.

• Deployed Spouse Program

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.



Survivor Outreach Service

Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve per-

RELOCATION READINESS PROGRAM 263-HELP (4357)

NEWCOMERS ORIENTATION PART I: 20 October, 8 am - 4:30 pm, Camp Zama Community Club. Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

NEWCOMERS ORIENTATION PART II: 21 October, 8 - 11:30 am, Camp Zama Community Club. Continued overview of information and services including medical and dental. Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA status drivers license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

Exploring Japan / Shopping on the Economy: CANCELLED UNTIL FURTHER NOTICE.

Loan Closet Available: Monday, Wednesday and Friday, 1 - 3 pm.

Beginner's Evening Japanese Class: Schedule to be determined. Pre-registration required.

Adult Evening English Class: Wednesdays 5:30 - 7 pm.

No pre-registration necessary.

Adult Japanese Language Class: Taught by a native Japanese speaker, no pre-registration required. Every Wednesday, advanced class (10 - 11 am), beginner class (11 am - noon)

Children's Japanese Language Culture Class:

Every Monday, 10:30 - noon, taught by a native Japanese speaker. No pre-registration required.

Adult English as a Second Language Class (ESL): CANCELLED UNTIL FURTHER NOTICE.



MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.

• For International Calls: 99 + 001 + Country Code + Area Code + Phone No.



sonal financial readiness through the use of sound money management. Units and FRGs may request classes; email gary.wertz@us.army.mil two weeks in advance minimum.

• **Scheduled Financial Classes:** (all classes are held 1:30 - 3:30 pm)

- * Budget at ACS Monday
- * Banking at ACS Tuesday
- * Debt Management Wednesday
- * Investment TSP Thursday

First Term Soldiers on their initial duty assignment shall complete all four classes during in-processing.

• **Employment Readiness**

Provides assistance with resumes and job search by appointment. The following classes are offered by the Employment Readiness Program on Friday afternoons, 1:30 - 3:30 pm, at ACS (pre-sign up is required):

- * 1st Friday: Resume and Cover Letters
- * 2nd Friday: Interview Techniques and Dressing for Success
- * 3rd Friday: Microsoft Office Applications

NEW PARENT SUPPORT (NPSP), 263-HELP (4357)

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

• **Play Morning** is an interactive playgroup for parents and children ages birth to 6 years. Held Tuesdays 9:30 - 11 am at Zama Chapel Bldg 502 and every 1st, 2nd and 4th Monday, 9:30 - 11 am, at EDIS (Arnn Elementary).

• **Baby Love Seminar:** "Importance of Healthy Snacking" on 12 October, 9:45 - 10:05 am, during play morning session at Zama Chapel.

• **New Parent Support Program Workshop:** "Infant Development" on 25 October at ACS from noon - 1 pm.

• **Breast Feeding Support Group:** held 7 October, 9:30 - 10:30 am at ACS and 18 October, 9:30 - 10:30 am at SHA CDC.

• **For Pre-Birth Classes** for Octo-

ber, please call 263-4572 to request schedule of times and days.

• **"Baby Bundles":** information and supplies for new and expectant parents is available by calling 263-2382 or emailing cheryl.rendon@us.army.mil.

ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

What is AFAP?

Because the Army's leaders recognize that to have a quality Army, you must be satisfied with the Army's way of life.

AFAP connects you with the Army. AFAP is an idea and issue gathering. AFAP makes things happen, sometimes all the way at the TOP. You can submit issues all year at: <http://www.mwrjapan.jp.pac.army.mil/> and click "Submit an AFAP Community Idea / Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager. You will be heard.

• **Army Volunteer Corps (AVC)**

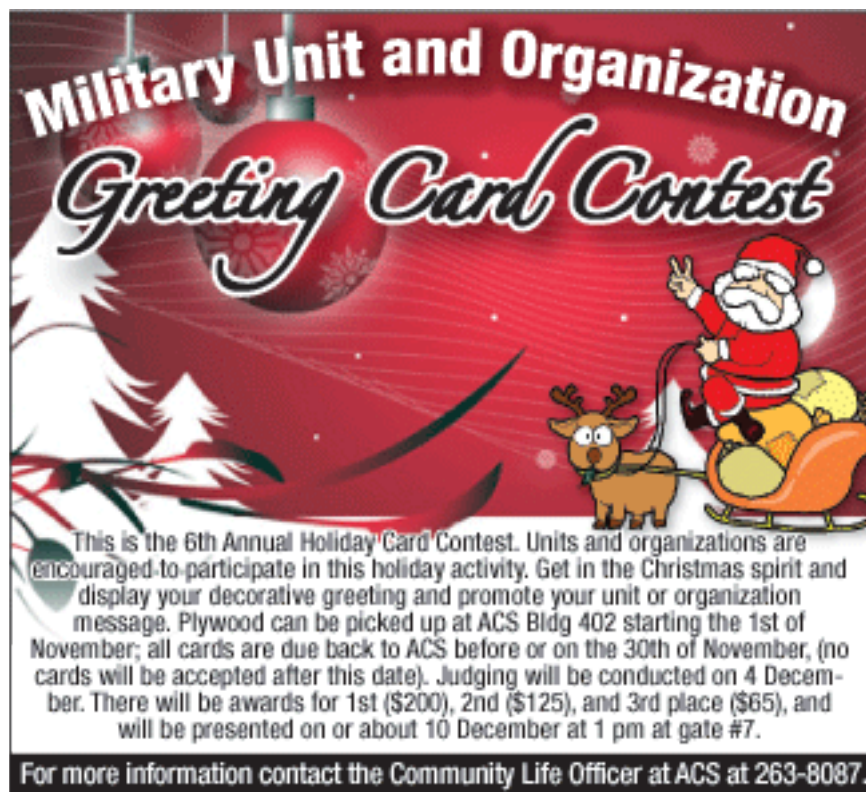
Would you like to learn new skills, meet new people and explore new

career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. You can register as a volunteer in the Volunteer Management Information System (VMIS). It's easy to get started! This can be completed at your home, the Education Center, the library or by utilizing the volunteer computer at ACS. If you do not have an account at www.myarmyonesource.com, register for an account by going to the site and clicking on "register for an account". Once registered, click on "Become a Volunteer" and select "Volunteer Registration". For more information, contact the Army Volunteer Corps Coordinator at 263-8087.

• **Army Family Team Building (AFTB), 263-HELP (4357)**

The Key to your Army Journey and Passport to Power!

Join us for our next AFTB Class or go online at www.armyonesource.com! If you are a young Soldier SGT or below and need promotion points, AFTB is a good source and a great tool that you will be able to use throughout your military career.



Military Unit and Organization Greeting Card Contest

This is the 6th Annual Holiday Card Contest. Units and organizations are encouraged to participate in this holiday activity. Get in the Christmas spirit and display your decorative greeting and promote your unit or organization message. Plywood can be picked up at ACS Bldg 402 starting the 1st of November; all cards are due back to ACS before or on the 30th of November, (no cards will be accepted after this date). Judging will be conducted on 4 December. There will be awards for 1st (\$200), 2nd (\$125), and 3rd place (\$65), and will be presented on or about 10 December at 1 pm at gate #7.

For more information contact the Community Life Officer at ACS at 263-8087.

INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides, maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be accessed using CAC readers at <https://intranet.zama.army.mil>. After: 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings.

• Foreign Born Spouse Support Group

Whether your question concerns immigration and naturalization learning, the English language or how to take local transportation, the Army Community Service Reloca-

tion Program provides assistance, weekly classes, and referrals. The support group will be held the third

Wednesday of the month from 1 - 2:30 pm at the ACS Outreach Room. Pre-registration is required.

Exceptional Family Member Program (EFMP), 263-HELP (4357)

WORKSHOP

Social Services:

25 October, noon - 1 pm, at ACS.

If you would like to become an EFMP Respite Care Provider and/or learn more about eligibility for EFMP Respite Care, please contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572.

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group on 19 October, noon - 1 pm, at ACS.

Family Advocacy Program, 263-HELP-4357

Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002, 263-4782, 263-4853, or 090-9395-8909.

• Sexual Assault Prevention and Response Program (SAPRP)

Sexual Assault Hotline from a DSN: 882# or 090-9395-8909. This is a commander's program designed to help prevent sexual assault through increased awareness and training, and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP /4357 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP /4357 or 090-9395-8909.

• Victim Advocacy

Victim Advocacy is a free service for all personnel in the military community. The victim advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The victim advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may contact the USAG-J Victim Advocate at 882# or 090-9395-8909. A victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782, 263-4853, or 090-9395-8909.



“See the Bugle for the advertisement”.

Come out and support the SOFA relay teams as they participate in the 21st Ekiden Friendship Relay at Sagami Depot on Sunday, 3 October, 0900 - 1600. Over 10,000 runners are expected to participate. For more information, phone 263-7980 or 263-5995.

■ Sports, Fitness and Aquatics

263-3954 / 4664

ATTENTION POTENTIAL CONTRACTORS

The Yano Fitness Center is seeking interested applicants in the following areas: Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

YANO FITNESS CENTER

• Zama Book of Records

Every third Saturday of the month (next one scheduled for 16 October) at the Yano Fitness Center. All events have a female and male division. Events include: free-throws, 3-point shoot out, bench-press, swim fastest lap, 50 meter kick board, football throw (accuracy), volleyball serving (accuracy) and 40 yard dash. Call the Yano Fitness Center at 263-4664 for specific event times. It is fun, challenge yourself, enjoy fortune and fame as monthly winners are recognized on the Yano bulletin board. End of the year winners will get a chance to win fabulous prizes, as well as notoriety as their record and picture will grace the glossy Zama Book of Records. "You too, can become a living legend".

SERVICES AND CONTRACTORS (263-4664)

• Aerobics

* Instructor: Amy Bengel
Class times and fees vary; for exact times and fees, please see the Yano monthly schedules or call the Yano Fitness Center at 263-4664/5656. Times and schedules are subject to change depending on community needs.

* Instructor: Ms. Hitomi Someya
Zumba Class: Tuesdays and Thursdays at 1730. Times and schedule subject to change depending on community needs.

• Martial Arts (Taekwondo Classes)

* Instructor: Kellie Williams
Tuesday - Friday:
Ages 4 - 6: 1700 - 1800

YANO FITNESS CENTER

S H A Loop Run VI

***"DOOR PRIZES FOR YOUTH AND ADULTS"**

***"COMMANDERS CUP POINTS"**

9 am • Saturday • 30 October

WHERE: Sagamihara Housing Area
(starting point is behind the swimming pool)

Registration deadline is 5 pm, Monday, 25 October.
For more info, please call 263-4664.

***Runners are encouraged to run in Halloween costumes.**
1st & 2nd place awards will be presented to the best costumes.

***Wear a Costume!**
Lots of Prizes to be Won!

***MWR Commercial Sponsorship and the Sports Staff**
thank our sponsors Outback Steakhouse, Tokyo Summerland, Mattel and Powerade for supporting our community and this event.

OUTBACK STEAKHOUSE **MATTEL** **POWERADE** **東京サマーランド**

Ages 7 - adults: 1815 - 1915

Cost: \$45 per month

* Instructor: Kang Hyum Soon

Monday - Thursday:

Ages 4 to adult: 1730 - 1900

Cost: \$56.20 per month (depending on yen rate)

NOTE: All Taekwondo (for both instructors) participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533, or call 263-4125.

• **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness every Monday at 1845.

One session: \$6

4 sessions: \$20

SERVICES

• **Massage Cancellation Policy:**

Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for the information regarding this policy.

• **Aqua Massage**

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be at least 16 years old. For more information, call 263-4664/3954.

• **Shizuka's Massage Therapy**

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Fridays, and Saturdays. First appointment is 1030 and the last appointment is 1600. Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$30, 45 minutes for \$40 and 60 minutes for \$50. Payment must be made when making an appointment. Must be 21 years old. For more information, call 263-4664.

• **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with

Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$35, 45 minutes for \$45 and 60 minutes for \$60 (you must be at least age 21).

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

• **Tanning Booth**

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:
0530 - 2025

Weekends:
0800 - 1700

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).

AQUATICS F(263-3348)

• **Jacuzzi, Steam Room, Sauna**

The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• **Training Reservations for Swimming Pool**

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than 3 (three) weeks in advance. Forms can be

e-mailed upon request.

• **Age Policy for Swimming Pool**

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted

by Aquatics, CY5, the schools, or other authorized youth organizations may participate under designated adult supervision.

• **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

YANO FITNESS CENTER POOL

Learn-to-Swim Program

October Session

Deadline to Register is 6 October

Mon/Wed/Fri
13 October - 1 November

Something for Everyone!

Adult Beginner/Advanced: (Max. 6, ages 15 & up): 1000 - 1050
Adult Beginner/Advanced: (Max. 6, ages 15 & up): 1730 - 1820
Preschool 1, 2, & 3: (Max. 4, ages 3 - 5): 1115 - 1150
Level 3 & 4: (Max. 6, ages 6 & up): 1600 - 1650

Weekend Sessions
Sat/Sun
9 October - 6 November

Toddler/Preschool - 1, 2, & 3: (Max. 4, ages 3 - 5): 1415 - 1450
Level 1 & 2: (Max. 6, ages 6 & up): 1500 - 1550
Level 3 & 4: (Max. 6, ages 6 & up): 1600 - 1650
Level 5 & 6: (Max. 6, ages 6 & up): 1700 - 1750





FITNESS

FREE Fitness Classes / Services offered by Yano Fitness Center



Super Circuit Class
Monday and Wednesday: 1200 - 1230
Fridays: 1730 - 1800

Unit Pt Training
Tuesday: 0630 - 0730 (Please call the fitness coordinator four weeks in advance to reserve time slot and program request).

Pilates
Tuesdays: 0900

HIT and Core
Wednesday: 1730

TBC Yoga
Friday: 1200

Personal Training / Program Consultations
Limited days and times BY APPOINTMENT ONLY.
For more information or appointment call 263-4664/5656.

All fitness classes / services are subject to change. Please see the monthly flier for accurate times.

***Sign-up required before meeting - Fitness assessment and lifestyle questionnaire required.**

TOURS AND EVENTS

- **Fun Dive for Beginners at Nebukawa**

Saturday, 2 October, 6:30 - 4 pm

- **Katsunuma Grape Festival and Wine Tasting**

Saturday, 2 October, 8 am - 6 pm

- **Kamogawa Sea World (BOSS)**

Sunday, 3 October, 7 am - 6 pm

- **Tokyo Afternoon**

Sunday, 3 October, 9:30 am - 6 pm

- **Kyoto and Nara Overnight**

Thursday, 7 October, 5 am and

Return Saturday, 9 October, 9 pm

- **Oze Overnight Trekking (NEW)**

Sunday, 10 October, 4 am and

Return Monday, 11 October, 6:30 pm

- **Yokohama Jazz Promenade**

Sunday, 10 October,

10:30 am - 5 pm

- **Fishing at Lake Ashi**

Saturday, 16 October,

4 am - 2:30 pm

- **Kawagoe Festival**

Saturday, 16 October,

11:30 am - 9:30 pm

- **Sumo Special Event**

Sunday, 17 October, 7 am - 5 pm

- **Fuji Safari Park**

Sunday, 17 October, 8 am - 5 pm

- **Nikko Excursion**

Saturday, 23 October, 5 am - 9 pm

- **Deep Sea Fishing (Sword Fish: Tachiuo) (BOSS)**

Saturday, 23 October, 5 am - 5 pm

- **The Advanced Open Water Certification 2-day Course**

Saturday, 23 and Sunday, 24 Octo-

ber, 6 am - 5:30 pm

- **Summerland**

Sunday, 24 October, 8 am - 6 pm

- **LaLa Port Yokohama**

Sunday, 24 October,

9:30 am - 5 pm

- **Four Wheels Buggy (NEW)**

Saturday, 30 October,


4:30 am - 5 pm

- **Halloween Special Roppongi Night**

Saturday, 30 October, 9 pm - 5 am

- **Hakone Yunnessan**

Sunday, 31 October, 8 am - 6 pm



CAMP ZAMA BOSS PROGRAM

**Meeting every Tuesday at 1530 hrs in the Warrior Zone
(located in Building 533). Everyone is welcome to attend!!!**

BOSS WARRIOR ZONE HOURS!!!

Tuesday, Wednesday Friday:
1800 - 2200

Saturday: 1200 - 2200

Phone: 263-3399

BOSS President:
SGT Valery Valtrain

Tel: 263-5197
e-mail: valery.valtrain@us.army.mil

“See the Bugle for the advertisement”.

Limited

Online Parts Ordering Service. Stop by the Auto Skills Center for more information to find the best prices for your vehicle.

■ Automotive Skills Center • 263-3615

CLASSES START AT 5:30 PM

- How to change your coolant/antifreeze: 7 and 21 October
- How to change your oil: 14 and 28 October

NOTE: Final day of sign up is one day prior to the class. Participants are responsible for all materials and or supplies for the class. For sign up information, please stop by or call 263-3615.

Camp Zama Automotive Skills Center CLASSES

USED PARTS FOR SALE

- 6 X 9 speaker - - - \$30 pair
- 6 1/2 speaker - - - \$15 pair
- Safety flares - - - \$2
- CD player, stateside tune Starting at \$35 ea
- Aftermarket aluminum rims Starting at \$60 set

We also have used tires; just stop by with your car and see if they are on the rack.



Limited online parts ordering service

Stop by the Auto Skills Center for more information to find the best price for your vehicle.

HOURS OF OPERATION:

Monday and Tuesday: CLOSED

Wednesday - Friday:

1130 - 2000

Saturday and Sunday:

0930 - 1800

PLEASE NOTE:

- All work areas must be clean and checked-out tools turned in by close of business.

CAR WASH

The Zama Car Wash can be accessed:

Monday - Tuesday:

8 am - 4:30 pm

Wednesday - Friday:

8 am - 8:30 pm

Saturday - Sunday:

10 am - 6 pm

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES OFFERED BY THE AUTO SKILLS CENTER

- *Engine Flush and Fuel System Cleaning*

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

- *Used Vehicle Courtesy Inspection*

The Auto Skills Center offers a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only. The courtesy inspection does not take the place of the JCI.

- *Towing Service and Roadside Assistance*

We offer a towing service and roadside assistance Wednesday through Sunday during the Automotive Skills Center normal hours of operation.

DETAILING SERVICE



We offer a basic detailing service which starts at \$35 for regular size sedans.

The \$35 is a basic wash and hand wax with tire wax. For an additional \$15 we vacuum the interior and clean the windows. For vans and SUV's prices start at \$50. If you prefer we use waxes and other cleaning supplies that you have please feel free to let us know; unfortunately, this does not reduce the fee.

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- Delivering Happiness by Hsieh Tony (Best Seller)
- Eat Pray Love One Women's Search by Gilbert, Elizabeth (Best Seller)
- Empire of the Summer Moon by Gwynne, S. C.
- Fly Away Home by Weiner, Jennifer (Best Seller)
- Glass Rainbow by Burke, James Lee
- In the Heartbeat by Tuohy, Leigh Anne

- Packing for Mars by Roach, Mary (Best Seller)
- Rembrandt Affair by Silva, Daniel (Best Seller)
- Search by Roberts, Nora
- Sliding Into Home by Wilkinson, Kendra

NEW BLU-RAY DVDS

- Crouching Tiger, Hidden Dragon Ang Lee (Director)
- Crumb Biography Robert Crumb

- Diary of Wimpy Kid..... Literary Adaptation
- Fargo..... Coen Brothers (Director and Producer)
- Hamlet Kenneth Branagh
- Heroes: Seasons 3 and 4 Television
- James and the Giant Peach..... Disney
- Shutter Island..... Leonardo Di Caprio
- The Wolfman .. Anthony Hopkins

■ Community Activity Center • 263-3939/5712/8892

CLASSES

• Ballroom Dance

* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:10 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or

people who have experience and/or good physical ability for dancing.

* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

• Piano Lesson (four classes a

month, ¥7,000).

Monday - Friday.

• Violin Lesson (four classes a month, ¥7,000).

Tuesday or Thursday.

If you are interested in teaching hula, jazz, piano or drum classes please stop by the Community Activity Center (263-8892) or call the Contracting Office at 263-4986.



COMMUNITY ACTIVITY CENTER
presents a
Tamagawa University E.T.C. Performance
(This is a performance done by Japanese college students in English)

Seussical Jr.

Music by
Stephen Flaherty

Lyrics by
Lynn Ahrens

Book by
**Lynn Ahrens
& Stephen Flaherty**

Saturday and Sunday, 27 & 28 November
Doors open at 4:30 pm • Show starts at 5 pm

*Free tickets available at the Community Activity Center.

*For more information, please call 263-3939..

CAMP ZAMA LAUNDROMAT

Located next to the Camp Zama Laundry
and Dry Cleaners, Bldg 375

OPEN 24 HOURS

For more information, please call 263-4671



WASHING MACHINES

Large Washer: \$2 per load

Small Washer: \$1.50 per load

DRYERS

- Large dryer: \$1 first 15 minutes, \$0.25 for an additional 10 minutes.

- Small dryer: \$0.50 first 15 minutes, \$0.25 for an additional 10+ minutes.



“See the Bugle for the advertisement”.

■ Arts and Crafts • 263-4412



HOURS OF OPERATION

Monday - Tuesday: Closed
 Wednesday - Friday: 1130 - 1930
 Saturday - Sunday: 1000 - 1800

CLASSES

• **Silk Screen Work Shop**
 \$15 for a class, includes one free t-shirt (appointment only).

• **Wood Shop Orientation for DA 3031.**
 Saturdays: 10 am, no fee.

• **Frame Shop Orientation**
 2nd and 4th Thursday, 5 pm,
 \$10 a class; supplies are included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

• **Wash-Paper Craft Work shop**
 \$10 a class; supplies are available at the sales store (by appointment)

• **Ikebana** (fresh flower arrangement class)
 1st, 2nd and 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).

• **Shodo** (Japanese calligraphy class),
 Wednesday, 4 pm, \$10 for a class;

includes all supplies.

• **Pottery Classes**

* Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included.

NOTE: All classes require advance registration. Schedules are subject to change.

... WANTED ...

Zama Arts and Crafts Center is now looking for instructors in the following areas: water color paint, Toile paint (acrylic paint), washi paper craft, digital photograph, pottery, balloon art, scrapbook, sawing and color pencil drawing.

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Fridays, noon, daily Mass, Blessed Sacrament, Chapel

Sundays, 9 am, Mass, Zama Chapel.

Sundays, 9:15 am, Children's Liturgy of the Word. Blessed Sacrament Chapel.

Sundays, 10:45 am CCD, Religious Education Center.

1st Friday, 6 pm, MCCW meeting, Zama Chapel

PROTESTANT SERVICES

Sundays, 9:30 am, Sunday School for all ages at the Religious Education Center.

Sundays, 10:15 am, Praise Team Rehearsal, Zama Chapel.

Sundays, 11 am, Worship Service, Zama Chapel.

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

Wednesday, Praise Team Rehearsal, Zama Chapel

SAGAMIHARA PROTESTANT INSPIRATIONAL SERVICES

Sundays, 9:30 am, Sunday School, Sagamihara Chapel.

Sundays, 11 am, Worship Service,

Sagamihara Chapel.

(Nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services).

Wednesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

JEWISH SERVICES

For information about Jewish services, events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Mondays - Fridays, 6:30 - 7:30 am, LDS Youth Seminary (August - June), Sagamihara Chapel.

Tuesdays, 7 pm, Tuesday Night Youth Activity, 7 pm, Sagamihara Chapel.

If you would like to attend Sunday Services please call Richard Smith, 046-234-9490, Brian Howard at 263-7419.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel. Contact

Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Second Saturdays (Sabbaths), 9:30 am Sabbath School, 11 am Divine Worship, Zama Chapel. Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

ONGOING BIBLE STUDIES

Sundays, every Sunday in August after Mass, Ministries' Volunteers and CCD Registration, Zama Chapel.

Sundays, 15 August, 9 am, Assumption of Mary Mass, Zama Chapel

For more information, please call the chapel at 263-4898.

The Garrison religious support programs offer many other religious based opportunities for you and your Family: (Bible studies, youth groups, men's groups, women's groups, music ministries, etc). If you desire more information, please call the Garrison Chaplain's Office at 263-4898. The Garrison Chaplain's Office only advertises those religious activities under its auspices.

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

■ **Army Community Services** 263-4357
Mon - Wed 0730-1630
Thu 1300-1630
Fri 0730-1630
US Holidays Closed

ZAMA Golf Club

■ **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-3694

263-4966
(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Business Division

■ **ADMINISTRATIVE OFFICE** 263-7935

■ **BOWLING CENTER ZAMA** 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ **BOWLING CENTER DEPOT** 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ **ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE** 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ **HOB NOB INN** 267-6097
Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300

Thu 1630 - 2100
Fri 1630 - 0100
Sat 1900 - 0100

■ **SAGAMI LOUNGE** 268-4954
Take Out 268-4142
Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000
Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Recreation Division

■ **CHIEF RECREATION OFFICE** 263-3479
■ **ADMINISTRATIVE OFFICE** 263-5614
■ **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed
Wed-Fri 1130-1930
Sat & Sun 1000-1800

■ **AUTOMOTIVE SKILLS CENTER** 263-3615
Mon-Tue Closed
Wed-Fri 1130-2000
Sat-Sun 0930-1800

■ **COMMUNITY ACTIVITY CENTER** 263-3939
Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ **INTERNATIONAL TOURS** 263-5273
Mon-Fri 1000-1800
Open during lunch

■ **LIBRARY** 263-3517
Zama
Mon-Thu 1000-2030
Fri-Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603
Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ **OUTDOOR RECREATION** 263-4671
US Holidays Closed
Vehicle/Equipment Rental & Leisure Travel Services
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915
Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270
Kure Lodging 256-2580
■ **POOLS** 263-3348
YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800
SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)
■ **SPORTS/FITNESS CENTER** 263-4664
Zama 263-3954

Mon-Fri 0530-2100
Sat-Sun, Holidays 1000-1800
Sagamihara 263-3954/267-6762
Mon-Sun Open 24 hrs
Depot 268-4729
Mon-Sun, Holidays 0930-1830

Support Services Division

■ **DIRECTOR** 263-4273
■ **ADMINISTRATIVE OFFICE**

Child, Youth & School Service Division

■ **CHILD, Y&SS COORDINATOR** 263-8086
(All the following CDC facilities are open during lunch.)

Parent Central Services 263-4125
263-4743
Mon-Wed 0800-1700
Thu 1000-1700
Fri 0800-1700

Family Child Care 263-4743
263-4125
267-6564

Sagamihara CDC
Mon-Fri 0530-1800
Zama CDC 263-4992
Mon-Fri 0530-1800

■ **YOUTH SERVICES** 263-4500
Zama Youth Center
Mon-Thu 1430-2000
Fri 1430-2200
Sat 1300-2200
Sun Closed
School Age Services (SHA) 267-6317
Mon-Fri 0630-1800
Youth Sports 263-5437
Mon-Sat 0900-1800
Open during lunch

School Liaison Office 263-3241

Zama Lodging

■ **ADMINISTRATIVE OFFICE** 263-3293
Reservation Desk 263-2775
Front Desk 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ **MWR OFFICE** 644-5396
■ **ADMINISTRATIVE OFFICE** 644-4270
■ **ARMY COMMUNITY SERVICE**
Director 644-4110
Relocation Coordinator 644-4385
Mob-Dep/IVC 644-4116
Financial Readiness/AER 644-4378
Family Advocacy Program 644-5919
Victim Advocate/SARC 644-4908
AFTB/AFAP Program 644-4743
EFMP Program 644-4106
ACS FAX 644-5918
School Liaison Office 644-4703
■ **ARTS & CRAFT CENTER** 644-4303
Lobby 644-4706
■ **AUTOMOTIVE SKILLS CENTER** 644-5612
■ **CORAL COVE COMMUNITY CLUB**
Business Manager 644-4256
Lounge 644-4306
Cashier Cage 644-4426
■ **LIBRARY** 644-4468
Staff Room 644-5335
■ **MARKETING**
Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665
■ **SPORTS / FITNESS**
Sports / Fitness 644-4334
Aquatics 644-4389
■ **OUTDOOR RECREATION**
Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Beach Rental Office 644-4659
Cabin Reservation 644-4659
011-81-611-744-4659

Kure Harbor Club

■ **MWR Office** 256-2580
256-2581
0800-1630
■ **Outdoor Recreation** 256-2575
0900/1700
■ **Dining Room**
Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300
Tue-Sat (Dinner) 1630-2000
■ **Bar** Mon 1630-2000
Tue-Sat 1630-2200
■ **PX / CLASS 6**
Mon-Fri 0900-1730
Sat 1130-1530

C O M E A N D E N J O Y !



SATURDAY 9 OCTOBER 5-9 PM
CZCC PARKING LOT

CZCC Oktoberfest

**Games and Door Prizes!
DJ with Variety and German Music**

German Draft Beer and German Food for Sale

C A M P Z A M A C O M M U N I T Y C L U B



2 6 3 - 4 5 4 7



“See the Bugle for the advertisement”.



M E N U

A M U S E

Chef's Selection Finger Hors D'Oeuvres

A P P E T I Z E R S

Roasted Lamb With Blue Cheese Sauce

S O U P

Bouillabaisse (Provençal Fish Soup)

S A L A D

Mild Mixed Green Salad w/ Strawberry Vinaigrette

P O I S S O N

Steamed Vegetable Stuffed Fillet Sole
Port Wine Sauce

M A I N D I S H

Beef Tenderloin w/ Wild Mushroom Sauce

D E S S E R T

Mont-Blanc

Cost: \$55 Single \$100 Couple

For more information, please call 263-4547

Gourmet Dinner Night

Friday 29 October 6-9 pm CZCC Eda's Cafe

C A M P Z A M A C O M M U N I T Y C L U B

C A M P Z A M A C O M M U N I T Y C L U B

HALLOWEEN NIGHT

Halloween Party

Join us **Saturday, 30 October** in the Firelite Lounge as we get our "ghoul" on by partyin' with the Halloween crazies on the night when you can be anyone/anything you like!

THE show starts at 7 pm!
ROCKY HORROR PICTURE SHOW



• Party starts after the show! • Door Prizes • Prizes for Best Costumes • Variety DJ Music • Lite Snacks Available

* FOR MORE INFO, PLEASE CALL 263-4547.